



2018 Provincial Team Practice Squad

Greetings,

Tennis Manitoba will be running a practice squad program in 2018. This practice squad will be used as preparation for the 2019 Western Canada Summer Games team. Any players interested in representing Team Manitoba at the 2019 Western Canada Summer Games are encouraged to register for this practice squad. There will be on-court training sessions held at Taylor Tennis indoors on **Saturdays from 4.00 - 6.00 pm from January to March (8 sessions total, January 27, February 10,17,24, March 3,10,17,31/2018)** and then **two training camps (10.00 am to noon /1.00 pm to 3.00 pm daily) outdoors** in July and August (dates / location TBA).

In addition to the on-court training sessions there will be strength and conditioning testing as well as a parent presentation by Dr. Adrienne Leslie-Toogood and Stephen Dubiensi (date and location TBA). A mental training program and strength and conditioning program will be made available to members of the TM Provincial Team Practice Squad. Fees, schedule etc...for these programs will depend on interest.

Any players interested in registering for this practice squad:

- must be born 2003 or earlier (U16 as of 12/31/2018)
- must commit to the Team Prairies Selection Criteria for the 2018 Outdoor Junior National Championships (play 5 out of 8 designated tournaments in MB and SK with at least one being in SK from the tournaments listed at:
<http://tennismanitoba.com/all-tournaments/junior-tournaments/>)
- must be in good standing with Tennis Manitoba

****THIS PROVINCIAL TEAM PRACTICE SQUAD WILL BE LIMITED TO 10 PLAYERS TOTAL (IDEALLY 5 BOYS AND 5 GIRLS)**

****SHOULD THERE BE MORE THAN 10 PLAYERS REGISTERED, A ONE-TIME 2HR TRYOUT WILL BE HELD ON JANUARY 27TH, 2018**

REGISTRATION DEADLINE: JANUARY 7TH, 2018

PROGRAM COST: \$425.00 per player

TO REGISTER: PLEASE EMAIL jared@tennismanitoba.com WITH YOUR: NAME, BIRTHDATE (day/month/year) AND MAILING ADDRESS BY SUNDAY JANUARY 7TH, 2018 (REGISTRATIONS AFTER THIS DATE MAY NOT BE ACCEPTED)

